

# ISSHP World Congress 2023-Pragnya

## An experience to cherish!

The ISSHP (International Society for the Study of Hypertension in Pregnancy) World Congress 2023 stands out for its distinctive focus on the study and management of hypertension in pregnancy. The conference serves as a platform for researchers, healthcare professionals, and experts in this specialized field to gather and exchange knowledge, insights, and advancements in this critical area of maternal health. This unique conference provides an interdisciplinary perspective, bringing together scientific and non-scientific events to enhance learning and networking opportunities for participants. **The congress is being hosted for the first time in India and aims to propagate the need for building awareness to make progress which is representative on its logo-Pragnya.** This Conference is predominantly a physical one and will offer virtual format for those delegates who may not be able to travel under special circumstances. This is to rejuvenate the connection and collaboration that can stem out of one to one interactions which has been much sought after by all after the COVID crisis.

The **Organizing Committee** has been thoughtfully structured by The Society for Maternal Fetal Medicine, (India) - SMFM(I) in collaboration with the ISSHP (International Society for the Study of Hypertension in Pregnancy) and includes representatives [eminent faculty from across India & the world] who have contributed exceptionally in the field of academics & research.

In the Indian context, Preeclampsia (PE) is a significant concern, ranking among the top three causes of maternal morbidity and mortality in the country, following hemorrhage and infections. The incidence of preeclampsia in India varies widely, ranging from 10% to 30%. Notably, atypical presentations of preeclampsia are prevalent, often leading to clinical challenges in its management. These factors underscore the importance of addressing preeclampsia through research, education, and collaboration.

### **Welcome Reception & Inauguration:**

The commencement of the Congress is marked by a majestic **Welcome Reception** [at Sheraton Grand] that serves as a grand prologue to the ensuing intellectual and collaborative endeavors. This ceremonial launch brings together a prestigious assemblage of distinguished personalities hailing from academia & research, seamlessly blending the realms of discovery and scholarship. This event not only sets the tone for the conference but also encapsulates the conference's paramount significance in the global landscape of maternal health. The **Inauguration Ceremony** [at J N Tata Auditorium, IISc] on Day-01 has been planned with dignitaries who have excelled in the field of academics, research & entrepreneurship. A soft launch is scheduled for the **Book on Preeclampsia which is a collaborative effort between The Society for Maternal Fetal Medicine, (India) - SMFM (I) & International Society of Obstetric Medicine-ISOM.**

### **Monetary Awards:**

The ISSHP World Congress 2023 – Pragnya’s commitment to recognizing excellence is exemplified through its commendable practice of bestowing awards. These awards serve as a distinguished tribute to the significant contributions made by postgraduate students, fellows & young researchers who have exhibited exceptional dedication and insight in augmenting the conference's content through their research endeavors and insightful presentations.

#### [ISSHP AWARDS](#)

The awards reflect the conference's profound appreciation for the diligent efforts these researchers who invest their time, energy, and intellect into advancing the understanding of hypertension in pregnancy. By acknowledging these emerging scholars, the conference not only motivates them but also underscores the critical role they play in propelling the field forward. Beyond the monetary value, these awards symbolize recognition, encouragement, and inspiration, creating a positive and dynamic environment that empowers emerging scholars to become driving forces in the pursuit of knowledge and progress.

### **Cultural and Culinary Delights:**

Pragnya’s experience is masterfully curated to encompass a vibrant array of activities that not only deepen attendees' understanding of hypertensive disorders in pregnancy but also immerse them in the rich tapestry of Indian culture. A highlight of this multifaceted experience is the gala dinner, a splendid occasion where classical and Bollywood performances intertwine with delectable Indian cuisine, collectively forming a sensory journey that enriches both the mind and the palate. It encapsulates the fusion of education, culture, and camaraderie, creating an enduring memory that paints hypertension research with the vibrant hues of Indian culture.

### **Premier Venues:**

The careful selection of venues, **J N Tata Auditorium [National Science Seminar Complex] - Indian Institute of Science (IISc) Campus, Bengaluru** and the **Hotel Sheraton Grand, Brigade Gateway, Bengaluru** underscores the meticulous planning and dedication invested in creating an exceptional conference experience for all attendees. These prestigious venues seamlessly intertwine state-of-the-art facilities, academic excellence, and top-tier hospitality, collectively elevating the conference to a remarkable level of quality and impact.

### **J N Tata Auditorium [National Science Seminar Complex] - Indian Institute of Science (IISc) Campus, Bengaluru:**

Renowned globally for its academic prowess and cutting-edge research contributions, IISc stands as a beacon of knowledge and innovation. The **J N Tata Auditorium [National Science Seminar Complex]** as one of the conference venues reinforces the commitment to hosting the event in a setting that fosters intellectual exploration and academic rigor. The world-class academic facilities at NSSC provide the perfect backdrop for a conference focused on hypertension in pregnancy, encouraging a scientific exchange of ideas and fostering robust discussions among researchers, clinicians, and scholars.

The stimulating atmosphere of IISc cultivates an environment conducive to learning, collaboration, and exploration. Attendees benefit from the institute's legacy of research excellence and engage in scientific dialogue against the backdrop of its iconic campus, a testament to India's dedication to advancing scientific understanding and promoting interdisciplinary research.

**Hotel Sheraton Grand, Brigade Gateway, Bengaluru:**

Nestled in the heart of the city, the Sheraton Hotel brings a touch of luxury and comfort to the conference experience. Renowned for its opulent accommodations, impeccable service, and world-class amenities, the hotel offers a haven of relaxation and rejuvenation for conference participants. The Sheraton's elegant spaces serve as the venue for various conference events, creating an ambiance that seamlessly marries sophistication with functionality.

The choice of the Sheraton Grand Hotel for conference proceedings adds an element of indulgence, elevating the experience beyond the confines of intellectual exchange. The hotel's plush settings provide attendees with opportunities to unwind, network, and engage in meaningful discussions outside the formal sessions, fostering camaraderie and connection among participants. This venue will host a colourful cultural program and gala dinner.

**Virtual Conference:**

The inclusion of a virtual component represents a paradigm shift in conference participation. It transcends the limitations of physical presence, breaking down barriers that might prevent individuals from diverse corners of the world from engaging with the conference content. Attendees who might face travel restrictions, logistical challenges, or time zone differences can now actively participate and benefit from the conference.

The virtual component transforms the conference into a global platform for knowledge sharing and collaboration. Attendees from different continents, regions, and countries can engage in real-time discussions, access resources, and participate in sessions without being constrained by geographical distances. This global participation enriches the conference with diverse perspectives and insights, enhancing the quality and impact of the event.

**Scientific Sessions:****Highlights**

- Plenary sessions feature keynote addresses by eminent experts, covering a wide range of topics related to hypertension in pregnancy.
- Lectures delve deeper into specific aspects of research, clinical practices, and emerging trends.
- Poster and oral presentations offer a platform for researchers to present their findings and engage in discussions.
- Workshops provide interactive learning opportunities, fostering skill development and knowledge exchange.

**Panel Discussions:**

Unique panel discussions are a highlight of the conference, covering various specialized topics.

- A 90-minute ISSHP guidelines symposium will address the needs & challenges from across the world, addressing the challenges and adaptations needed in resource-constrained settings.
- PREECLAMPSIA EDUCATION OF THE NATION, (INDIA), PEN(I) workshops focusing on the management of preeclampsia both for clinicians and nurses.
- Bio-marker workshop exploring the latest advancements in identifying biomarkers for early detection and prediction of hypertensive disorders in pregnancy.

-Sessions for screening preeclampsia including a plenary & a workshop are being conducted.

- Clinical Drills- Workshop and Sessions covering preeclampsia and its impact on mental health and also covering aspects of nutrition like role of calcium supplementation, inutero-fetal programming, self blood pressure monitoring etc will add value to clinicians from across the world with particular emphasis to those practicing in LMICs.

- Dedicated sessions by academic bodies like The Society For Maternal Fetal Medicine,(India) SMFM(I) will address issues intrinsic to India and LMICs at large.

- FIGO advice for Hypertensive Disorders in pregnancy and a dedicated panel on ART & Preeclampsia have been added to stimulate a robust discussion amongst faculty and attendees.

- Panels covering the changing scenario of preeclampsia management in LMICs and one on clinical challenges with faculty from across the world have been thoughtfully included.

### **Adding the Indian flavor with a patient centric approach:**

The Congress introduces innovative elements that set it apart:

- **Aaryajanani:** Aarya Janani is a notable non-governmental organization (NGO) in India that has made significant contributions to women's health, focusing on various aspects of maternal well-being and empowerment.

Aarya Janani's core mission revolves around empowering mothers and mothers-to-be with the knowledge, resources, and support they need to navigate the challenges of pregnancy, childbirth, and postpartum care. The NGO offers comprehensive maternal health programs that cover essential topics such as prenatal care, nutrition, safe childbirth practices, and postnatal support. A dedicated session hosted by this organization will showcase the role of meditation, yoga and music in inutero-fetal programming.

- **Support Group/Patient Advocacy Session:** This conference aims at launching a dedicated support group for mothers and families affected by hypertensive disorders in pregnancy (HDP) in India and this part of the world. These support groups are designed to provide a comprehensive and compassionate network of assistance, information sharing, and emotional support for individuals grappling with the challenges of HDP, as well as their families. Their presence at the conference reflects the commitment to holistic maternal care, encompassing both medical aspects and the emotional well-being of patients and their loved ones.

- **Breakfast with the Mentors:** "Breakfast with the Mentors" is an illuminating and interactive feature meticulously woven into the fabric of the conference, designed to foster a symbiotic exchange of insights, experiences, and expertise between seasoned mentors and aspiring postgraduate students and young researchers specifically within the realm of hypertensive disorders in pregnancy (HDP). This exceptional initiative not only augments the conference experience but also forms a cornerstone for the growth, mentorship, and nurturing of future leaders in this critical field of maternal health. This initiative aims to emphasize the role of research in patient management- a must need for LMICs.

### **Non-Scientific Events: Faculty and Delegate Engagement: Enhancing Conference Experience**

This Congress places a strong emphasis on fostering engagement and interaction among faculty and delegates, recognizing that a vibrant and dynamic atmosphere contributes to a more enriching conference experience. A range of thoughtfully curated activities and elements are woven into the conference framework to create a holistic environment that goes beyond the academic content.



### **Activity Mela: Cultivating Connection and Collaboration**

The Activity Mela is a bustling hub of diverse activities designed to facilitate networking and interactions among attendees. This vibrant gathering acts as a catalyst for relationship-building, encouraging informal conversations, idea exchange, and the forging of new connections. From interactive workshops to collaborative games, the Activity Mela transcends the traditional conference setting and encourages attendees to engage in meaningful ways beyond formal sessions.

### **Souvenir: Capturing the Conference Essence**

The Souvenir is more than a mere token; it's a tangible memory that encapsulates the spirit and essence of the conference. It serves as a lasting keepsake that participants can take home, evoking fond memories of their time at the conference. The Souvenir not only symbolizes the knowledge shared but also represents the connections made, the ideas ignited, and the collective energy that defines the ISSHP World Congress.

### **Selfie Spot with Leo Mascot: Interactive Memories**

The Selfie Spot with the **Leo Mascot** infuses an element of fun and interactivity into the conference experience. Attendees are invited to capture snapshots with the conference mascot, creating memorable moments that they can share with colleagues, friends, and on social media. This light-hearted engagement contributes to a sense of community and camaraderie among participants. **Leo stands for all the brave women who have survived preeclampsia.**

### **Tours in and around Bangalore: Immersion in Local Culture**

**Bengaluru**, the host city is known for its wonderful weather and is a melting pot of several cultures. It is the Garden City of India, also famous as the Silicon Valley of the country. Beyond the conference sessions, the Tours in and around Bengaluru provide delegates with an opportunity to explore the local culture and attractions. These guided tours offer a window into the vibrant tapestry of the host city, allowing attendees to immerse themselves in the rich history, architecture, and traditions of the region. These excursions not only enrich the conference journey but also create lasting memories of their time in Bengaluru.

### **Booklet in Faculty Bags/Conference App: Information at Your Fingertips**

The Booklet in Faculty Bags serves as a comprehensive guide, ensuring that attendees are well-informed about the conference's schedule, speakers, sessions, and essential details. This booklet acts as a valuable resource, empowering delegates to navigate the conference with ease, plan their participation, and make the most of their time. It enhances the overall conference experience by providing a structured framework for engagement.

**Summary:**

In essence, the engagement elements within the ISSHP World Congress 2023 – Pragnya vividly embody its dedication to fashioning an immersive and holistic experience for every participant. Skillfully weaving in activities that facilitate networking, enabling to create memories woven with science and culture; the conference not only elevates the learning journey but also nurtures a profound sense of community, belonging, and shared enthusiasm among both faculty and delegates. With its exceptional features and comprehensive approach, the conference stands as a beacon in the realm of maternal and fetal health, leaving an indelible mark in the field.

With best regards,  
Team Pragnya